

NEWESD 101

BEHAVIORAL HEALTH SUPPORT SERVICES

Trainings/Information

- Youth Mental Health First Aid for school staff
- *Signs of Suicide* for school staff
- NAMI's *Ending the Silence* for school staff, parents and/or students
- Quarterly mental health newsletters

Behavioral Health Office Hours

Office hours have been created to provide school district staff an opportunity to consult with our team.

Topics can include: behavioral health issues, student substance use, suicide ideation and other crises. This service is open at no cost for any school staff member.

Schedule an appointment at <https://bit.ly/3JTx9bD>

Questions? Email behavioralhealthsupport@esd101.net

CONTACT US

- **Kalen Via**, Regional Student Assistance Advocate, kvia@esd101.net
- **Amanda Kirkpatrick**, Behavioral Health Program Supervisor, akirkpatrick@esd101.net
- **Brittany Campbell**, Center for Student Support Director, bcampbell@esd101.net
- **Keara Peltram**, Behavioral Health Coordinator, krypien@esd101.net

NEWESD 101 BEHAVIORAL HEALTH VIRTUAL OFFICE HOURS

Stop by our weekly virtual office hours to receive consultation on individual student or building needs.

Potential topics to explore during office hours include, but are not limited to: mental health, substance use and crisis support.



OFFICE HOURS

- Monday - 7:30 - 9:00am
- Wednesday - 2:30 - 4:00pm
- Friday - 7:30 - 9:00am

BOOK APPOINTMENT AT
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